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High Field MRI/Open Mid-field MRI
Positron Emission Tomography (PET)/CT
16-Slice Highspeed CT scanning
4-D Ultrasonography -Color Vascular Analysis
Mammography/Stereotactic Breast Biopsy
MR & CT Angiography
Radiography/Fluoroscopy
Needle Biopsies
3D Bone Mineral Analysis
Total Body/Heart Screening
Virtual Colonoscopy

BREAST BIOPSY

Appointment Date: _____ Time: _____

Pre-Biopsy Instructions

1. Arrive 10-15 minutes before your appointment time, provided that you have completed the necessary paperwork and signed the consent form.
2. It is not necessary to restrict eating or drinking before the biopsy. We prefer that you eat your normal diet and are well hydrated prior to the procedure. If possible, avoid aspirin containing medication for 48-hours or preferably one week before the biopsy.
3. Makeup, deodorant, and other hygienic measures will not interfere with the biopsy.
4. The total appointment time including pre and post-biopsy counseling and paperwork will take approximately 1 to 1½ hours.
5. On the day of your biopsy you may return to work and other activities if they do not involve heavy lifting or strenuous athletic activities.

Care After Breast Biopsy

1. Place a small "ice pack" inside of your bra on top of the dressing until bedtime as often as you are able to tolerate.
2. Remove the dressing the morning after the biopsy. Do not shower or bathe until you remove the dressing.
3. You may bathe your breast carefully with the Steristrips in place. Be careful not to loosen them. Keep them as dry as possible in the first seven (7) days after the biopsy. Do not remove them, just let them fall off on their own.
4. You may have mild discomfort and you may have bruising anywhere in your breast, not just where the needle entered your skin.
5. If you need medication for discomfort you may take acetaminophen products such as Tylenol or ibuprofen products such as Advil, Nuprin, Motrin, etc. Do **not** take aspirin for 24 to 48 hours.
6. You may return to work but do not participate in strenuous activities for 24 hours — tennis, running, aerobics, weight lifting, skiing, etc. Refrain from swimming or hot tub use for at least 24 hours.
7. Watch for excessive bleeding, pain, or fever. If any of these occur, contact San Luis Diagnostic Center at (805) 542-9700.
8. Your doctor will receive the pathology results in approximately five (5) days and he or she, or our office, will call to discuss them with you.